

Breakfast Menu					Lunch Menu				
MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
Enjoy You Meal!!		1 Pineapple Juice Low Salt Spam Farina Dinner Roll Slice Oranges	2 Blended Juice Cream Cheese Slice of Ham Grits Bagel- Jelly	3 Apple Juice Bacon Pancakes Rice Crispy Syrup	Buen Provecho!!		1 Grape Juice Slice of Turkey Breast w/ Gravy Cauliflower Baked sweet Potato Wheat Bread Banana	2 Apple Juice Parmesan Eggplant Spaghetti Italian Vegetables Garlic Bread Fresh Orange	3 Orange Juice Baked Pork Chops Rice w/Peas Baby Carrots Wheat Bread Pineapple Slices
6 Apple Juice Scramble Egg Oatmeal w/Cinnamon Wheat Bread	7 Grape Juice Ham & Cheese Omelet Cheerios English Muffin Slices of ranges	8 Orange Juice Maple Sausages (2) Cream of Wheat Waffles Syrup	9 Blended Juice Grilled Cheese Sandwich Farina Yogurt	10 Apple Juice Sausage Patties Wheat Flakes Whole Wheat Pancakes Syrup	6 Grape Juice BBQ Ribs Yellow Rice Spinach Rye Bread Mixed Fruit	7 Lentil Soup Meat Lasagna Zucchini Lettuce & Tomato Garlic Bread Fresh Apple	8 Apple Juice Oven Fried Fish Yuca w/Onions Seasoned Asparagus and Green Beans Slices of Peaches	9 Pineapple Juice Pepper Steak w/Onions Egg Noodles Roasted Broccoli Rye Bread Apple Sauce	10 Orange Juice Stew Chicken White Rice Stew Pink Beans Soft Roll Fresh Orange
13 Orange Juice Western Omelet Corn Meal Soft Roll Banana	14 Pineapple Juice Beef Sausages Rice Crispy French Toast Syrup	15 Apple Juice Ham Omelet Oatmeal Wheat Bread Pineapple Slices	16 Orange Juice Low Salt Spam Cheerios Dinner Roll	17 Blended Juice Scramble Egg (1) Farina White Bread	13 Apple Juice Baked Liver w/Onions Mash Potato Peas & Carrots White Bread Fruit Jell-O	14 Orange Juice Sesame Chicken Lo-Mein Broccoli Rye Bread Apricots	15 Blended Juice Beef Stew Yellow Rice Kale Wheat Bread Tapioca Pudding	16 Vegetable Soup Baked Chicken Wings Baked Yams Lettuce Tomato Soft Roll Slices of Peaches	17 Grape Juice Turkey Meat Loaf w/ Gravy Spinach /Red Peppers White Bread Bread Pudding
20 Pineapple Juice Turkey Sausage (2) Corn Flakes French Toast Syrup	21 Apple Juice Boiled Eggs (2) Grits Wheat Bread Banana	22 Grape Juice Maypo Sausage Farina Corn Bread Oranges	23 Orange Juice Smoked Ham Rice Crispy Whole Wheat Pancakes Syrup	24 Pineapple Juice Cream Cheese w/ Slice of Ham Maypo Cereal Bagel	20 Orange Juice Baked Turkey Wings Mash Potato Mixed Vegetables Wheat Bread Mixed Fruit	21 Pineapple Juice Pork Chops White Rice Stew Pink Beans Dinner Roll Fresh Apple	22 Apple Juice Smothered Chicken Legs w/Onions Penne Pasta Italian Vegetables Italian Bread Sliced Pears	23 Grape Juice Meat Ball in Tomato Sauce Spaghetti Green Beans Garlic Bread Banana	24 Chicken Soup BBQ chicken Yams Steam Broccoli & Cauliflower Soft Roll Slices Peaches
27 Grape Juice Spanish Omelet Oatmeal w/Raisins White Bread Peaches	28 Orange Juice Beef Sausage Links Cheerios Waffles Syrup	29 Blended Juice Cheese Omelet Rice Crispy Soft Roll Apple Sauce	30 Orange Juice Low Sodium Ham Maypo Cereal French Toast w/Cinnamon Syrup	Buen Provecho!!	27 Apple Juice Rice & Chicken Stew Pink Beans Tossed Salad Rye Bread Fresh Peat	28 Grape Juice Turkey Breast Yams Baby Carrots White Bread Apricot	29 Orange Juice Baked Chicken White Rice Spinach Dinner Roll Banana	30 Lentil Soup Meat Loaf Noodle w/Italian Dressing Mixed Vegetables Garlic Bread Peaches	Enjoy You Meal!!

Please note that milk (whole/1%) and margarine is served with every meal.

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