

<b>MONDAY</b> <b>LUNES</b>	<b>TUESDAY</b> <b>MARTES</b>	<b>WEDNESDAY</b> <b>MIERCOLES</b>	<b>THURSDAY</b> <b>JUEVES</b>	<b>FRIDAY</b> <b>VIERNES</b>
<p><b>Wyckoff Gardens Neighborhood Senior Center</b>  <b>280 Wyckoff Street</b>  <b>Brooklyn, NY 11217</b>  <b>718-237-1802</b>  <b>www.RAICES.US</b></p>	<p><b>1</b> 10:00 am WII Games</p> <p>11:00am Breast Cancer Disease By Share Organization</p> <p>1:00 pm Bingo  </p>	<p><b>2</b> 10:00 am Make it –Keep It</p> <p>11:00am Exercise Classes</p> <p>11:30am The Book Club</p>	<p><b>3</b> 10:30 am Stretching Exercise</p> <p>11:00am Los Amigos Group Discussion</p> <p>11:30am Active Hands</p>	<p><b>4</b> <b>Hispanic Heritage Celebration</b>  <b>11:00am-2:00pm</b></p> 
<p><b>7</b> 10:00 am Make it –Keep It!</p> <p>11:00am Seniors Safety by District Attorney Office</p> <p>1:00 pm Bingo  </p>	<p><b>8</b> 10:00 am WII Games</p> <p>11:00 am Zumba Classes</p> <p>1:00 pm Bingo  </p>	<p><b>9</b> 10:00 am Make it –Keep It!</p> <p>11:00am Exercise Classes</p> <p>11:30am The Book Club</p>	<p><b>10</b> 10:30am Stretching Exercises</p> <p>11:00am HBP Screening by Stamford Brown Institute</p> <p>1:00 pm Bingo</p>	<p><b>11</b> <b>Oldies But Goodies With Entertainment</b>  <b>1:00pm-2:00pm</b></p> 
<p><b>14</b> <b>CENTER</b></p> <p><b>COLUMBUS DAY</b></p> <p><b>CLOSED</b></p>	<p><b>15</b> 10:00 am WII Games</p> <p>11:00 am Physical Therapy by Healing Therapeutics</p> <p>1:00 pm Bingo</p>	<p><b>16</b> 10:00 am Make it –Keep It!</p> <p>11:00am Exercise Classes</p> <p>11:30am The Book Club</p>	<p><b>17</b> 10:30 am Stretching Exercise</p> <p>11:00am Los Amigos Group Discussion</p>	<p><b>18</b> <b>Social Friday</b>  <b>11:00am-2:00pm</b></p> 
<p><b>21</b> 10:00 am Make it –Keep It!</p> <p>11:00am Nutrition Presentation</p> <p>1:00 pm Bingo  </p>	<p><b>22</b> 10:00 am WII Games</p> <p>11:00am Flu Shot by Walgreens Pharmacy</p> <p>1:00 pm Bingo  </p>	<p><b>23</b> 10:00 am Make it –Keep It!</p> <p>11:00am Exercise Classes</p> <p><b>FAN FOOD DISTRIBUTION</b>  <b>12:30PM-1:30PM</b></p>	<p><b>24</b> 10:30 am Stretching Exercise</p> <p>11:00am The Book Club</p> <p>1:00 pm Bingo  <b>FAN FOOD DISTRIBUTION</b>  <b>12:30PM-1:30PM</b></p>	<p><b>25</b> <b>Birthday Celebration With Entertainment</b>  <b>11:00am– 2:00pm</b></p> 
<p><b>28</b> 10:00 am Make it –Keep It!</p> <p>11:00am General Meeting</p> <p>1:00 pm Bingo  </p>	<p><b>29</b> 10:00 am WII Games</p> <p>11:00am Active Minds</p> <p>11:30am How to use an I Pod</p>	<p><b>30</b> 10:00 am Make it –Keep It!</p> <p>11:00am Exercise Classes</p> <p>11:30am Active Minds</p>	<p><b>31</b> 10:30 am Stretching Exercise</p> <p>11:00am The Book Club</p> <p>1:00 pm Bingo  </p>	<p><b>OCTOBER</b>  <b>OCTUBRE</b>  <b>2013</b>  <b>ACTIVITY</b>  <b>CALENDAR</b>  <b>CALENDARIO</b>  <b>DE</b>  <b>ACTIVIDADES</b></p>