

Monday/Lunes	Tuesday/Martes	Wednesday/Miercoles	Thursday/Jueves	Friday/Viernes
	1 10am-11am - Salsa Exercise 11am-United Health Care-Ms.Golden Fitness Room -1-3pm 	2 10am-11am-HBP 1pm-3pm-BINGO 2pm-4pm Music 	3 11am-12pm- Exercise Jill Campo 1pm-3pm- PO-KENO 2pm-4pm-Music 3pm-4pm-Salsa Exercise	4 10am-11am HBP 11am- 2pm Humana "Ice Cream"- Thomas Grant 10am-11:45am-IPRO Diabetes Workshop 2pm-4pm-Music 1-3pm-BINGO
7 10am-2pm-Arts & Crafts 1pm-3pm Blue Cross Blue Shield 1-2pm-Social Action Club 	8 10am-11am -Salsa Exercise 10am-2pm-Arts & Crafts 1pm-General Membership Meeting Fitness Room -1-3pm 	9 10am-11am-HBP 1pm-3pm-BINGO 2pm-4pm Music 	10 11am-12pm- Exercise Jill Campo 1pm-3pm- PO-KENO 2pm-4pm-Music 3pm-4pm-Salsa Exercise	11 7:30am-Atlantic City Trip 10am-11am-HBP 2pm-4pm-Music 1pm-3pm-BINGO
14  CENTER CLOSED	15 10am-11am - Salsa Exercise 10am-2pm-Arts & Crafts 11am-Springfield Medical Supply Diabetes Workshop Fitness Room -1-3pm	16 10am-11am-HBP 10am-11:45am English Computer Class 1:30pm-Spanish computer Class 1-3pm -Book Club 1-3pm-BINGO 2pm-4pm-Music	17 11am-12pm- Exercise Jill Campo 1pm-3pm- PO-KENO 2pm-4pm-Music 3pm-4pm-Salsa Exercise	18 9:30am-BAM Senior Cinema- "What Ever Happened to Baby Jane?" 10am-11:45am-IPRO Diabetes Workshop 10am-3pm-Hispanic Heritage Annual Health Fair-DJ Food-Dancing-Give a way
21 10am-2pm-Arts & Crafts 11am-Breast & Cervical Cancer Workshop-Esperanza 1pm-Blue Cross Blue Shield-Gary Blass 	22 10am-11am - Salsa Exercise 10am-2pm-Arts & Crafts 11am-11:45am-Milkshake Making 	23 10am-11am-HBP 11am-11:45am-Hopkins Center Nursing Home-Shemika 10am-11:45am- English Computer Class 1:30-3:30pm-Spanish Computer Class 2pm-4pm-Music 1-3pm-BINGO	24 11am-12pm- Exercise Jill Campo 1pm-Jokercise-Howard 1pm-3pm- PO-KENO 2pm-4pm-Music 3pm-4pm-Salsa Exercise	25 10am-11am-HBP 10am-11:45am- IPRO Diabetes Workshop 1pm-3pm-BINGO 1-3pm-Birthday Party 
28 10am-2pm-Arts & Crafts 1pm-Blue Cross Blue Shield-Gary Blass	29 10am-11am -Salsa Exercise 10am-2pm-Arts & Crafts 	30 10am-11am-HBP 10am-11:45am English Computer Class 1:30pm-Spanish Computer Class 2pm-4pm-Music 1-3pm-BINGO	31 11am-12pm- Exercise Jill Campo 1pm-3pm Halloween Party  	RAICES TIMES PLAZA NEIGHBORHOOD SENIOR CENTER 460 Atlantic Avenue, Bklyn, NY 11217 718-694-0895 WWW.RAICES.US

Sponsored by the Spanish Speaking Elderly Council-Raices & Funded by the NYC Department for the Aging

☺☺☺Dominos, Pool, Cards and Television are daily activities -8:00AM- 4:00PM☺☺☺